

LODDON PRIMARY SCHOOL

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Loddon Primary School

Working together to realise the potential in everyone.

NEWSLETTER NO 7

13th December 2019

Dear Parents/Carers,



House Gems

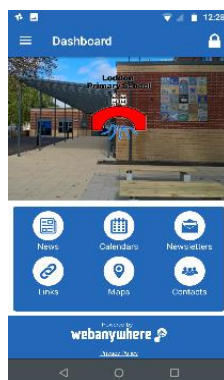
Congratulations to the following children who have received a Values 'House Gem' celebrating their actions in promoting our school values.

Lincoln M	Turtles	Air	Determination
Ethan J	Turtles	Air	Responsibility, friendship, cooperation and quality
James M	Turtles	Water	Independence in his writing
Elyssia W	Turtles	Air	Quality and courage



Christmas Productions

It has been a joyous week in school with our reception, Y1 and Y2 Christmas productions. The children did so well and we are very grateful to Loddon families for their support at each event. A big thank you and well done to our staff for their dedication and effort during the weeks of work which result in these very special occasions. We look forward to our last 'Sing Song' of the season in Nursery on Monday.



Launch of mobile School web app

It is now possible to view the School website via the mobile app School Jotter which is available for Android and Apple devices. Search for School Jotter on your app store. You will be asked to input the school name and then you will be taken to our school home screen.



Message from Chair of Governors

As we approach the Christmas break I wanted to take the opportunity to pass on thanks from the Governing Body to all those who continue to help the School in many different ways. First and foremost I'd like to give particular attention to the efforts of our PTA. Their recent fundraising efforts have been very successful and have provided the School with much needed additional resource. This is greatly appreciated.

I'd also like to thank the members of the Parent Forum who continue to provide ideas and suggestions to make the School a better place. Thanks of course must also go to my fellow Governors who support the School by providing professional and practical advice and guidance. And there are many other parents who give up their time freely to assist the School, from volunteering in classrooms and accompanying children on school trips to transporting our children to sports fixtures or helping in our grounds. Every contribution is valued, and they all show what a strong community we have.



A few weeks ago 259 of you took the time to complete our Parent Survey. The results were very positive and I was particularly pleased to note that, on average, 94% of you strongly agreed or agreed that your child does well and is happy at Loddon. There was a relatively small amount of concerns raised these being in the areas of whether we have sufficiently high expectations of our children and how effectively we deal with bullying: we will give both those issues further consideration. Thanks again to all of you for your assistance with the survey.

I will end with a sincere word of thanks to Mrs Phillips and her team for all their efforts as they continue to make Loddon a great place for our children.

I wish you all a very happy Christmas.

John Brady, Chair of Governors



Boccia Tournament

Very well done to the Year 4 team who competed in the "School Games" Boccia tournament at Bohunt Secondary School this week. Our team achieved second place competing against 14 Wokingham school teams.

Mr Holloway, PE Subject Leader

BE Relaxed

We would like to thank Lorna Crossan from 'Be Relaxed' who presented shared relaxing techniques to do at home with your children. Parents enjoyed the session and were able to take some of the practices and techniques home with them. If you would like more information please visit <https://www.berelaxed.co.uk/> as well as Lorna's facebook page. I have attached a free e-book for you to view and relaxation techniques (which are sent as additional documents with this newsletter). There is also information about a new Relax Kids Afterschool Community Class starting in January which appears at the end of this newsletter.

Mrs Kam Bhogal, Parent Support Advisor





Christmas celebration at St Nicolas Church on Friday 20th December

We will be visiting St Nicolas Church for a school Christmas Celebration on Friday 20th December. Children in Reception, Y1 and Y2 will be attending at 9.30am and children in Y3-Y6 at 10.30am. If you would like to walk with the children to and from Church then please let your child's class teacher know. You are very welcome to stay for the celebration too. Walkers will need to be at school for 9.10am or 10.15am depending on which year group you are accompanying.

Finally when end of term arrives please note that we finish at 3pm on Friday 20th December. Foundation Stage morning children finish at 11.10am and afternoon children at 2.50pm. Please arrive promptly to collect your children as it does make them unhappy if everyone else has gone home and they are still waiting for collection.

And finally - our best wishes for a Happy Christmas with friends and family. We look forward to seeing you again in the New Year.

Pupils return to school on **Monday 6th January 2020**.

Yours sincerely

Mrs S Phillips - Headteacher

Diary Events List: Autumn 2019-Spring 2020

Date	Time	Event
15/12/19	17.00	PTA Pantomime visit to the Reading Hexagon
16/12/19	All day	Reindeer visiting Loddon
16/12/19	9.15-9.45	Nursery Christmas Sing Song in the foundation stage hall
16/12/19	15.30-16.15	PTA Christmas Hamper Raffle Draw and Celebration in the main hall
17/12/19	15.00-15.20	Y3 Parents/Carers invited to share Y3 Autumn learning in the main hall
18/12/19	9.00-10.00	PSA Parent Tea/Coffee morning in the parent hut
18/12/19	11.30-13.15	Caterlink School Christmas lunch - Please provide packed lunch if not ordered.
18/12/19	14.45 start	Y4 Parents/Carers invited to share Y4 Autumn learning in the main hall
20/12/19	9.30-11.30	Christmas service at St. Nicolas Church F2-KS1 9.30-10.30, KS2 10.30-11.30
20/12/19	End of day	All children finish 30 minutes earlier than their usual time for the end of term.
21/12/19-05/01/20	All week	Christmas holiday
06/01/20	All day	Pupil Spring term begins
07/01/20	13.30-15.00	Y2 REInspired session at St Nicolas Church: Prayer

Date	Time	Event
08/01/20	9.00-10.00	PSA Parent Tea/Coffee morning in the parent hut
10/01/20	9.30 start	F1 tour of the Foundation Stage unit for prospective parents
15/01/20	9.00-10.00	PSA Parent Tea/Coffee morning in the parent hut
17/01/20	15.15-16.00	PTA Second hand uniform sale in the parent hut
20/01/20	18:30 start	Swimming Pool committee meeting - new volunteers welcome (needed!)
20/01/20	19.15 start	PTA Committee meeting and social in the parent hut - all welcome
22/01/20	9.00-10.00	PSA Parent Tea/Coffee morning in the parent hut
24/01/20	15.15-15.45	PTA Bake for Books (Year group TBC) cake sale under the covered walkway
28/01/20	13.30-15.00	Y4 REInspired session at St Nicolas Church: Sacred Texts/Story
29/01/20	9.00-10.00	PSA Parent Tea/Coffee morning in the parent hut
04/02/20	All day	Y1 trip to Milestones Museum
04/02/20	9.15-11.30	F2 REInspired session in FSU hall: Noah story telling and parachute games
05/02/20	9.00-10.00	PSA Parent Tea/Coffee morning in the parent hut
07/02/20	9.30 start	F1 tour of the Foundation Stage unit for prospective parents
07/02/20	16.30-17.45	PTA Family Quiz in the main hall
12/02/20	9.00-10.00	PSA Parent Tea/Coffee morning in the parent hut
12/02/20	18.00-19.30	Full Governing Body meeting: Attendance by invitation of Chair or Headteacher
13/02/20	All day	Y4 trip to Ufton Court
17-21/02/20	All week	Spring Half term holiday

MOVE

PLAY

STRETCH

FEEL

BREATHE

BELIEVE

RELAX

be relaxed
family

Mindful
Meditation

relax Kids
in schools

be*relaxed*

★ Calm & Confident ★

be relaxed
adults

relax Kids

GoZen!

Relax Kids Afterschool Community Class

Your next Relax Kids afterschool
community class starts on Wednesday

8th January 2020

@ Vibez Dance Studios, Woodley,

Time: 4pm – 5pm

You can book your child a place here
today!

*Spaces are limited

www.berelaxed.co.uk





Relax Kids offers a unique system of relaxation and mindfulness that will help decrease stress and anxiety, increase attention span and improve concentration. Relax Kids also supports good mental health, pupil's self-esteem and resilience.

Relax Kids has proven to improve emotional wellbeing and behaviour in children. Each class is based upon an imaginative theme, and gently introduces simple and fun mindfulness and self-care tools that can be used in all areas of life.

Get ready as we go on a wonderful, uplifting, mindful magical adventure each week. Developing life skills to be the best you can be - your calm, confident and content self.

Following 7 steps: **MOVE** - **PLAY** - **STRETCH** - **FEEL** - **BREATHE** - **BELIEVE** - **RELAX**

Mindfully exploring movement, drama, yoga, storytelling with peaceful paws, relaxing full breath techniques, affirm our brilliance and peaceful full relaxation

Great fun and uplifting activities for physical, mental and emotional wellbeing.

Benefits

- ✚ Develops a deeper understanding of our natural innate abilities, self-worth and inner strength.
- ✚ Provides a toolbox of strategies and techniques for children to help notice, understand and manage big emotions
 - ✚ Develops self-awareness
 - ✚ Promotes positive thinking
 - ✚ Creates a sense of inner calm & wellbeing
 - ✚ Helps increase the ability to focus
 - ✚ Helps increase levels of concentration
- ✚ Nourishes and nurtures self-confidence and self esteem
 - ✚ Supports and develops emotional resilience
 - ✚ Supports the ability to self-regulate
 - ✚ Develops imagination
 - ✚ Develops self-leadership
 - ✚ Boosts the immune system
 - ✚ Improves circulation
 - ✚ Releases endorphins
 - ✚ Decreases tension
 - ✚ Promotes deeper sleep
 - ✚ Develops social skills

www.berelaxed.co.uk